

McMaster
University



Hip Conditions in the Young Adult: A Practical Course

May 23, 2020

Location

White Oaks Conference Centre
Niagara on the Lake
Ontario, Canada



Keynote Speaker

Mr. AJ Andrade
MSc, FRCS (Tr&Orth)
Circle Reading Hospital, UK

Course Chair

Dr. Olufemi Ayeni
MD, PhD, FRCS
Associate Professor
McMaster University



Course Fees

Physician - \$250
(Incl. chiropractors, naturopaths, etc.)

Allied Health Professional – \$150
(Incl. physiotherapists, occupational therapists, etc.)

Trainee - \$125
(Incl. fellows, residents, medical students, etc.)

Learning Objectives

- Gain a comprehensive understanding of hip imaging and diagnostic techniques
- Familiarization with strategies that enable the development of clinical practice that involves the management of hip conditions
- Develop an understanding of appropriate use of non-operative interventions and strategies from allied health professionals
- Acquire an understanding of how to formulate a management plan for hip disorders and further knowledge in hip arthroscopy and other surgical procedures
- Hone surgical skills through virtual reality educational tools
- CME credits available

Please request a registration form from Nicole Simunovic at
simunon@mcmaster.ca.

AGENDA

Course Name: **Hip Conditions in the Young Adult: A Practical Course**

Course Dates: **May 23, 2020**

Course Location: White Oaks Conference Centre, Niagara on the Lake

Course Chair: Dr. Olufemi Ayeni MD, PhD, FRCSC

Time	Presentation Title	Speaker
7:00-8:00AM	Registration & Continental Breakfast	
8:00-8:12	Welcome, Introductions, and Review of Course Objectives	F. Ayeni
8:12-8:24	Common Pediatric Hip Disorders and Surgical Treatment	ML. Nault
8:24-8:36	Complex Deformities in the Young Adult Hip and Management	E. Belzile
8:36-8:48	Pre-Operative Findings for FAI and Labrum: My Approach	N. Parasu
8:48-9:00	Hip Arthroscopy Indications and Limitations	D. Whelan
9:00-9:10	Panel Discussion	
9:10-9:25	Break	
9:25-9:37	Classic FAI: Cam, Pincer, and Labrum	F. Ayeni
9:37-9:49	Post-Operative Findings for FAI, Capsule, Labrum: My Approach	H. Choudur
9:49-10:01	What is Possible with the Arthroscope: Hamstring Tear Management	J. Laskovski
10:01-10:13	Hip Replacement your 40's: Dos and Don'ts	D. Williams
10:13-10:25	What is Possible with the Arthroscope: Abductor Tear Management	J. Laskovski
10:25-10:35	Panel Discussion	
10:35-10:50	Break	
10:50-11:02	Non-Operative Management of FAI and the Labrum	D. Yardley
11:02-11:14	Pelvic Rehabilitation, Indications and Outcomes in the Young Adult with Hip Pain	C. Vandyken
11:14-11:26	Getting Back in the Game: Psychological Factors Impacting Return to Sport	C. Edwards
11:26-11:38	Return to Sport After Hip Injury: Dos and Don'ts	M. Nichol
11:38-11:50	Panel Discussion	
11:50-12:20PM	Keynote: Lessons Learned in Hip Preservation Surgery	T. Andrade
12:20-1:20	Networking Lunch	
1:20-1:50	Ultrasound of the Hip: Can it Help your Practice? (with Live Demo)	A. Rabinovich
1:50-2:02	Injectables in the Hip: What Works and What is the Evidence?	R. Williams
2:02-2:14	How to Develop a Young Adult Hip Practice in the Community	C. Raynor
2:14-2:25	Panel Discussion	
2:25-2:40	Break	
2:40-3:25	Virtual Reality Surgical Demo	D. Goel, PrecisionOS™
3:25-3:40	Surgical Hip Dislocation: A Difficult Case	K. Johnston
3:40-3:55	Paediatric Hip Dysplasia: A Difficult Case	T. Pauyo
3:55-4:05	Break	
4:05-4:20	Results of the FIRST Trial: The Future of Surgical Treatment for FAI	F. Ayeni
4:20-4:30	Closing Remarks	F. Ayeni